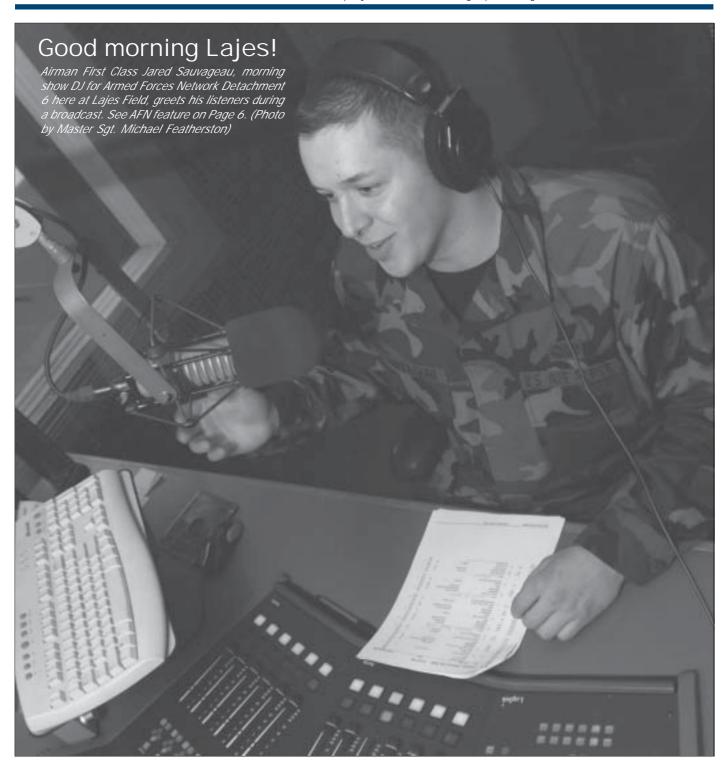
# Crossionads

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Internet Safety

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Lajes Weather

Saturday Mostly cloudy and showers High 61 Low 54



Sunday Mostly cloudy, Isolated showers High 61 Low 55





# Commander's Line: Fitness Center Sauna opens this spring

: Sir, I'm growing frustrated that I cannot get a clear answer when the gym's sauna will reopen. As you know, the locker room has been open for some time, but the sauna remains shut down. There is nothing more refreshing then after a hard day/week of work, relaxing in a hot sauna, sweating the worries away. Can you please let me know when the members of Lajes will be able to use the facility again? Thanks for your understanding and help.

A: The saunas are currently operational with the exception of the duress alarm system. However,

for safety reasons, as outlined in Air Force Fitness and Sports Programs regulations, a duress system must be installed to provide an emergency means to alert the fitness center staff for the safety of the customers and personnel. The alarm systems will be installed with the on-going fitness center renovations. It is expected that the alarm systems will be installed by the end of April with the saunas being available for use at that time. On behalf of the fitness center staff and the Services Squadron, I would like to thank you for your continued patience throughout the renovation project for our soon-to-be world class fitness center.

## Commander's Line

Call 2-4240 or e-mail actionline@lajes.af.mil.

The Commander's Line is your direct link to me for suggestions, kudos and as a way to work problems or issues within the 65th Air Base Wing for which you can't find another solution.

Your chain of command should always be your first option for praise or problems -- but when that's not the answer, call or e-mail the CC Line.

Col. Robert Winston 65th Air Base Wing commander

## Getting involved: the right thing to do

**By Chap. (Maj.) Kenneth Reyes** 39th Air Base Wing chaplain

It happened more than 25 years ago. A woman, walking in an urban neighborhood was brutally attacked. Bleeding and with critical injuries, she cried out for help.

Her cries fell on deaf ears and she died. Investigators knocked on doors seeking information and discovered a tragic truth. While more than 15 people heard the cry for help, none of them responded. The reason, "I didn't want to get involved."

Of all the noncommittal and trivial phrases used today: "The check is in the mail," "Go on ahead, I'll be right behind you," "You would like it when?" "Yes sir/ma'am, I'll get on it right away," none has been more lacking in love, compassion and common decency than "I don't want to get involved," or "It's none of my business."

I wonder, do we say those words because we are so "busy" that involvement in a person's life is too time consuming? The experts say it's easier to relate to "things" rather than "people." Things don't talk back, ask for commitments and criticize effort or lack of it. So that must be it ... because we are willing to work overtime, volunteer to go TDY, accept remote assignments instead of spending time with our families or nurturing relationships at work, or maybe, we just need to "get away" because people are getting "to close" to us.

Maybe involvement puts us at risk! Then let's not drive our cars, raise our children, invest in our futures or even get out of bed in the morning.

Maybe involvement in the lives of others does not meet with your "philosophical and life moral standards of personal interaction with homo sapiens...." Whatever.

Maybe getting involved isn't on our list of priorities and responsibilities. When was the last time that "things" soothed the pains of the heart ... and lasts?

Maybe involvement doesn't have

enough payoffs. Who says we are not thinking of ways to get our piece of the pie? Whatever that "piece of pie" may be for you.

Friends, enough is enough. Get involved. Do what is right! If you want respect, earn it and give it.

I have no doubt that if one of those individuals helped that woman that night she would have lived.

Involvement means doing to others what you expect them to do for you. Involvement means seeking out the good of others because you desire others to see the good in you. Involvement means that sometimes sacrifice is the norm not an inconvenience. Involvement means helping others to smile and feel at peace because you desire it yourself.

Maybe the relevant question is not "What are you dying for, but rather what are you living for?" Get involved, not so that you can have that important "bullet" for your OPR/EPR. Just get involved!

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The Crossroads staff encourages its readers to call, fax or e-mail with ideas or corrections. Call 535-3347 to speak to a Crossroads staff member, fax information to 535-6326, e-mail news@lajes.af.mil.

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Staff Sgt. Marcus McDonald	NCOIC, Public Affairs
Staff Sgt. Christin Michaud	Crossroads Editor
Eduardo Lima	Community Relations Adviser





Phase II of the "Triangle Road construction" is scheduled to be complete the last week of March. Phase I (the newly paved road to the left) concluded two weeks ago. (Photo by 1st Lt. Mike Hyland)

## **Base construction continues**

By 1st Lt. Mike Hyland 65th ABW Public Affairs

Several base construction projects are progressing on Lajes Field this winter.

According to Capt. Hollie Losee, Engineering Flight chief for the 65th Civil Engineer Squadron, Phase I of the "Triangle Road construction" is complete and Phase II is in full swing.

"If weather permits, concrete will be poured in the next two weeks. It will open to traffic around the last week of March," she said.

The "Triangle Road construction" began Jan. 16.

Captain Losee said construction on the Lajes Field main gate should be complete by the end of next week, pending good weather.

The ribbon-cutting ceremony for the main gate is scheduled for March 13.

Work on the new running track has stopped due to underground communications and sewer lines which required lowering. The 65th CES is currently working on a modification to the contract and seeking additional funding, Capt. Losee said.

The estimated completion date for the running track is still to be determined. For additional construction information, contact Captain Losee at 535-5211.

## Correction

On Page 7 of the Feb. 24 edition of the *Crossroads*, the Civilian Category II (US) award winner should have read Paul Carnley, 65th Civil Engineer Squadron. The *Crossroads* Staff apologizes to Mr. Carnley for the mistake and congratulates him on the award.

The Lajes Field 2005 Annual Awards Banquet took place at the Top of the Rock Club Feb. 18.



CIV CAT II (US) Paul Carnley

# Congratulations Major Selects!

Robert Belde - 65th MDOS Kari Fletcher - USAFE/JA Michael Miley - AMC/A6

## Good to Know

New traffic law

Effective Monday, base personnel are not allowed to use cell phones while driving on Department of Defense installations. Vehicle operators and operators of government-owned vehicles cannot use cell phones unless the vehicle is safely parked or unless they are using a hands-free device. Wearing portable headphones, earphones or other listening devices is not permitted. Noncompliance by any U.S. Forces personnel results in issuance of a DD Form 1408, Armed Forces Traffic Ticket.

#### MPF move

Renovations on building T-112 beginning March 6 will cause Customer Service to move to the Mission Support Squadron conference room, Pass and ID to move to building T-608 and access to Civilian Personnel to move to the T-112 south entrance. Call Customer Service at 535-1366 for details.

#### New shuttle service

A midday shuttle service runs from 11 a.m. to 1 p.m. Monday through Friday. Its seven stops occur in the following order: T-708 (Fuels/Flight Kitchen), T-612 (passenger terminal/Communications Squadron), T-166 (lodging), T-131 (dorm), T-415 (clinic/dining hall), T-570 (Civil Engineer Squadron), and T-815 (Security Forces Squadron). After the last stop, the bus continues in reverse order. The bus will make four trips. For details, call Vehicle Operations at 535-3151.

#### Phone service

To terminate off-base phone service at the Portugal Telecom Office located in the Portuguese Terminal building, individuals must provide 10-days notice prior to leaving the island. The PT Office is open Monday through Friday from 8:30 a.m. to noon and 1 to 5 p.m.



## Tickets available for USAFE's Annual Awards Banquet

RAMSTEIN AIR BASE, Germany (USAFENS) – Tickets for the U.S. Air Forces in Europe Annual Awards Banquet are available for purchase beginning Feb 27.

The USAFE Annual Awards Banquet will be 6:00 p.m. on March 24 at the Ramstein Air Base Officers' Club. Ticket prices are \$27 for club members and \$30 for nonmembers. Ticket prices for the vegetarian option are \$21.50 for

club members and \$24.50 for nonmembers.

The USAFE Annual Awards Banquet honors the command's outstanding Airmen and civilians competing in the categories of Airmen, Noncommissioned Officer, Senior NCO, Company Grade Officer, First Sergeant, and Civilian – Categories I and II. USAFE leaders will announce the winners from each category during the event.

The deadline for ticket purchase is March 16 and can be purchased from wing command chief master sergeants or organization first sergeants. Both civilians and military members of all ranks are welcome to attend.

For more information, contact your wing command chief master sergeant or first sergeant.

## Good to Know

## **FPCON Alpha**

As a reminder, Lajes Field is in Force Protection Condition Alpha. FPCON Alpha means a general threat of possible terrorist activity exists. The nature and extent of the threat are unpredictable. Team Lajes can do its part by remaining vigilant at all times.

To report suspicious activity, call the law enforcement desk at 535-3222 or 295-573-222.

## IDEA program

The IDEA Program is an incentive program to recognize submitters for approved ideas that benefit the government by streamlining processes or improving productivity and efficiency. It also recognizes individuals for intangible benefits such as improving morale or working conditions. Ideas can be submitted at <a href="https://ipds.mont.disa.mil">https://ipds.mont.disa.mil</a>. For more information, call 535-1144.

## Toll free calls

To make a call to 1-800, 888, 866, 877 toll-free prefixes, Team Lajes can call DSN 809-4OFFDSN (809-463-3376). Callers do not have to dial the traditional 94 prefix for to access this DSN number. Callers can dial the toll-free number as soon as they hear the dial tone. Using this number instead of calling a base operator at a stateside location can help reduce the workload of base operators, reduce the call holding time incurred, and improve services to the DSN users.

# Sun outage period causes periodic AFN interruption

By 1st Lt. Mike Hyland 65th ABW Public Affairs

Armed Forces Network television and radio signals could be interupted periodically during this year's "sun outage" period, which lasts until March 12.

According to a press release provided by the AFN Broadcast Center at the Pentagon, Washington D.C., "sun outage-related programming interruptions are characterized by a complete loss of signal for as much as several minutes. The interruptions occur when the sun's position aligns with broadcast satellites and Earth-station receivers. The sun's radiation overpowers the broadcast signal causing this disruption of service."

Master Sgt. Sean Lehman, operations superintendent of AFN Det. 6 here at Lajes Field, said the outages shouldn't cause many problems.

"Fortunately, the signal never breaks

up for very long. But if there's a problem, give us a call," he said. "I've seen plenty of outages in my 17 years in the Air Force, and they never last for more than a few minutes."

According to the AFN press release, "The effect of sun outages on satellite-delivered programming received by the Defense Media Center in Riverside, Calif., will be minimal because alternate satellite feeds of incoming programming can be used to avoid sun outages. However, worldwide AFN affiliates may experience more significant disruption due to their reliance on a single satellite feed of the AFN services."

The seasonal outages occur in both the spring and fall, with this spring's outage being most severe from Saturday to Wednesday.

For additional information, or to report a reception problem, call AFN at 535-3497.

# Customer College bachelor's class graduates for Feb. 21 - 23

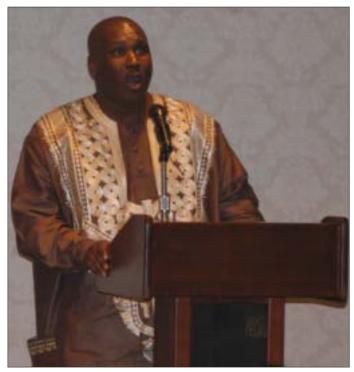
Staff Sgt. Tiffany Williams, 65th MDOS Jesse Davis, 65th SVS Tech. Sgt. Allen Abistado, 65th LRS Tech. Sgt. Mitchel Thompson, 65th LRS; Lisa Gann, 729th AMS Staff Sgt. Henry Geigenmiller, 65th SVS Senior Airman Kristen Justice, 65th MDSS Airman Mariko Cepeda, 65th LRS;

Paulo Picanço, DeCA; Senior Airman Donald Johnson, 65th CSS Ray Harriss, 65th MSS

Ray Harriss, 65th MSS Airman Tanya Hill, 65th CPTS Staff Sgt. Phillip Butcher, 65th LRS; Senior Airman Stefan Watson, 65th MDOS

Note: The next Customer College bachelor's class will be Tuesday through Thursday.





Heritage

Staff Sgt. Michael Thomas, 65th Civil Engineer Squadron, sings "Amazing Grace" during the 2006 Lajes Field African-American Heritage Banquet at the Top of the Rock Club ballroom Friday. Lt. Col. John Oliver, 65th Services commander, served as keynote speaker. (Photo by 1st Lt. Mike Hyland)

## **AAFES** offers water coolers

By Staff Sgt. Christin Michaud 65th ABW Public Affairs

Last week, the Army and Air Force Exchange Service began offering 5- gallon Culligan water bottles and water coolers for exchange customers to purchase or rent here.

"In the first five days, AAFES rented 17 coolers, sold 8 and sold more than 42 5-gallon bottles," said Laura Meyer, Azores Exchange executive assistant.

"We are excited to expand our Culligan assortment for the Lajes Community," said Stephanie Burns, AAFES General Manager. "We have been working with headquarters since September to develop the Culligan program to include cooler rentals and 5-gallon water bottles. There were logistical challenges to overcome but our hard work has paid off. We appreciate our customers being patient and look forward to growing the business."

Customers can now rent or purchase from two different types of water coolers at the shoppette.

Cold water only coolers can be rented for \$10 a month, and hot and cold water coolers are available for \$12.50 a month.

Customers may also purchase the coolers, which are 110 voltage.

"If a customer wishes to purchase the cooler, cold water only coolers are \$199 while hot and cold coolers are \$259," explained Mrs. Meyer.

Customers can rent or purchase coolers from the shoppette during their regular business hours.

In late March, AAFES

See COOLER on Page 8

## **March Promotions**

## Airman

The following Airmen Basic will be promoted to Senior Airman in March: Jabrail Chapman, 65th Communication Squadron; Renee Bryce, 65th Mission Support Squadron; Eileen Bollinger, 65th Services Squadron; Cameron Houghtaling, 65th Services Squadron

Staff Sergeant

The following Senior Airmen will be promoted to Staff Sergeant in March: Louis Cavallaro, 65th Communications Squadron; Sydney Kneubuhl, 65th Logistics Readiness Squadron; Kristen Justice, 65th Medical Support Squadron; Pamela Bannister, 65th Security Forces Squadron; Chad Goff, 65th Security Forces Squadron; Jarvar Barr, 729th Air Mobility Squadron; Jeffery Wysocky, 729th Air Mobility Squadron

Technical Sergeant

The following Staff Sergeants will be promoted to Technical Sergeant in March: Steven Mountz, 65th Operations Support Squadron; Michielle Henderson, 729th Air Mobility Squadron; Marcus Nelson, 729th Air Mobility Squadron

Master Sergeant

The following Technical Sergeant will be promoted to Master Sergeant in March: Tonya Boone, 65th Operations Support Squadron

Senior Master Sergeant

The following Master Sergeant will be promoted to Senior Master Sergeant in March: Paul Firman, Armed Forces Network, Detachment 6

#### First Lieutenant

The following Second Lieutenant will be promoted to First Lieutenant in March: Jason Schenck - 65th Comptroller Squadron

Captain

The following First Lieutenant will be promoted to Captain in March: Barney King, 65th Civil Engineer Squadron

#### Lieutenant Colonel

The following Major will be promoted to Lieutenant Colonel in March: Derek Grimes, 65th Air Base Wing Staff

## Best OCONUS Commissary nominee

The Lajes Field Commissary has been named best in Europe by DeCA Europe and now goes on to compete in the FY 05 OCONUS Large Commissary Competition. The winner will be selected in May.





Morning Show DJ Airman First Class Jared Sauvageau talks to Morning Show sidekick Airman First Class Jimmy McGuffin during an Armed Forces Network broadcast at Lajes Field. AFN broadcasts three radio programs: the Morning Show from 6 to 10 a.m., the Retro Show from 10 a.m. to 1 p.m. and the Country Show from 3 to 5 p.m.. (photo by Master Sgt. Michael Featherston)

## AFN Lajes radio provides news, entertainment

**By Staff Sgt. Marcus McDonald** 65th Air Base Wing Public Affairs

It's like getting dessert after eating everything else on your plate.

With a goal of providing command information through a venue of broadcasting yesterday's classics and today's hits, the radio section of Det. 6, American Forces Network Lajes does their part to keep the base community healthy and happy.

"Our role is to let the base community know what's going on around Lajes while at the same time providing them entertainment," said Staff Sgt. Song Jordan, NCOIC of radio and production at AFN Lajes. "Instead of having commercials that sell products, we sell ideas and information during our radio shows."

An assignment to Lajes is a first for most of the Airmen at AFN Lajes, Sergeant Jordan explained.

"This is a huge learning process for everyone involved," she said. "As they learn more, they can start adding more bells and whistles, which will add to the overall listening experience."

Airman 1st Class Jimmy McGuffin, host of Island 96's Retro Café, said he enjoys his assignment to the Azores.

"This has been an excellent base to learn the in's and out's of my job alongside other young broadcasters," he said. "I've gotten a chance to get to know a lot of people while at the same time have a job that allows me to play music and make commercials all day. I can't think of another job like that."

One of Airman McGuffin's fellow radio broadcasters, Airman 1st Class Troy Davis Jr., echoed those sentiments.

"Let's just say none of my former jobs offered to send me to a beautiful island to work," Airman Davis said. "Working at AFN has been an amazing experience."

Changes are on the way for the radio section, according to Master Sgt. Sean Lehman, AFN Lajes' operations superintendent.

"Our radio audience can look forward to some revitalized shows and

a lot more energy on the air," Sergeant Lehman said. "We'll still have the same community participation and always look for chances to put voices from around the base on the radio.

"We have a young team full of drive and enthusiasm," he explained. "They love their job and hopefully that comes across over the airwaves."

Airman Davis said one of the challenges of the job is knowing how you're doing.

"It's often hard to measure how we're doing since many times we don't get a lot of feedback from our listeners," he explained.

A radio survey is currently in circulation to get some feedback, explained Master Sgt. Sean Lehman, AFN Lajes' operations superintendent.

"Although we sometimes get unofficial feedback from our audience, this official forum will give listeners an opportunity to have a say in what they want to hear," he said. "People at Lajes should be on the lookout for the radio survey and take the time to fill it out."



## Retired Army sergeant fought for Germany in WWII

By 1st Lt. Mike Hyland 65th ABW Public Affairs

Army veteran Peter Doering spoke to approximately 100 people at the base theater Monday about his WWII experience fighting with the German Army before joining the U.S. military.

Mr. Doering was part of the Hitler Boys, a group of children the Nazis provided military training to as preparation for entrance into the Hitler Youth. Mr. Doering said that at 10-years old he qualified on several weapons including a pistol, grenade and machine gun.

He recalled that the Hitler Boys group placed him into battle several times as a child. A typical assignment his group received was to dig ditches to stop advancing enemy tanks. On one of these assignments, he and his group heard mortars coming from the sea, followed by three advancing Red Army soldiers.

"I pulled my hand grenade out and threw it toward them. I saw that orange fire ball flame up and then heard a shot and realized I was hit in my arm," he said.

Doering was declared unfit for

battle after his injury and never fought for the Nazis again. At the end of WWII, Mr. Doering left Germany for the United States.

"I wanted the good life," he said. "I studied the constitution and I wanted

Mr. Doering attempted to

join the Air Force, but subsequently declined after learning he was too old at 26 to begin preparations for pilot training. He subsequently enlisted in the Army and worked most of his career as an interrogator. Even in his golden years, Mr. Doering is confident in his military skill.

"I cannot fight very well at 74, but I can still do some good interrogations.'

Mr. Doering opened up a question and answer period after his speech and was inquired about his reception in the United States after leaving Germany.

"I had relatives in the U.S., so I was received very well," he said. "But when I would meet strangers, I would tell them I was from Switzerland."

The audience asked several questions that addressed Germany's civilian population and their knowledge of the concentration camps.

ball flame up and

then heard a shot and

realized I was hit in my

- Peter Doering

arm."

"We were told concentration camps were work camps. "I saw that orange fire They told us 'the Jews' had to pay back all the money they sent to other countries," he said. "In Germany, we had the same great depression that was occurring

in the U.S., but we also had to pay other countries from WWI. You ask, how did Hitler, come to power? He made promises; promises of restoring Germany. People weren't scared of Hitler, they were scared of the Gestapo; the system. Hitler was the man who gave the people



Retired U.S. Army Sgt. 1st Class Peter Doering speaks to audience members at the conclusion of his WWII German Army lecture Monday at the base theater. Mr. Doering belonged to a group called the Hitler Boys as a youth in Germany before immigrating to the United States. (Photo by 1st Lt. Mike Hyland)

back Germany."

Another question a crowd member asked Mr. Doering was if he had ever seen Hitler up close.

"He was closer to me than you are now," he told the crowd member, who was sitting in the second row. "When I was in the Hitler Boys, (Hitler) shook the hand of the boy in front of me. That night I went home and cried that the fuehrer didn't shake my hand. That shows you what brainwashing does.'

Mr. Doering had a simple conclusion for his time spent in the Hitler Boys.

"Nobody in their right mind would ever do that

Mr. Doering lives on

Terceira with his wife Karin and is a frequent visitor of the Lajes Library. After many conversations with Mrs. Patricia Arnold, Library director, she asked Mr. Doering to share his unique experience with the Lajes community as part of a Project Wizard speaking engagement.

"I asked if he served in WWII, and much to my surprise, I learned he served under Hitler. I thought it was just a unique opportunity to have him speak," she said.

"We're always in search of unique and different stories, and the best way to find them is to get to know your customers and find out about their experiences and talents," Mrs. Arnold said.



## Childrens' Internet safety starts with parents

**By 1st Lt. Mike Hyland** 65th ABW Public Affairs

Each summer, a few people off the coasts of Florida and Hawaii are bitten by sharks while surfing and the entire country comes down with shark attack hysteria.

While these incidents occur in the same low numbers each year, and shouldn't strike too much fear into the hearts of ocean surfers, a much more vicious predator than sharks lurks the playground of a different kind of surfer—children on the Internet.

Children surfing the Internet can leave themselves vulnerable to several types of predators.

"Pedophiles posing as teenagers are known to frequent chat rooms," said Lt. Col. John Roden, chief of Wing Safety. "Online predators also seek to gain personal information such as phone numbers and addresses that can put the children and their families at risk."

Parents have options available for protecting their children from Internet dangers. Colonel Roden said parents can take advantage of several content-blocking tools offered by Internet providers and computer operating systems, but parents must become computer literate in order to understand and use these tools. He advised that providing proper Internet safety for children will take time.

"Parents should spend time on the computer with their child and keep it in a common area of the house. Find out where else they are logging on, at the school, the library and friend's homes, and learn what protection is used at these locations."

Once children begin to reach the teenage years, they sometimes surpass their parent's technological knowledge and end up trouble-

shooting firewall, ISP and LAN problems for the family computer themselves.

"Once a child reaches the teenage years more unsupervised use can be given, but all Internet activity should be monitored by parents," Colonel Roden said.

Before children begin to mature with adolescence, they should be restricted from some Internet actions completely.

"Children can unintentionally provide their parents personal information. Children should not be allowed to use chat rooms since personal information can be obtained about family members just by asking certain unassuming questions," Colonel Roden said.

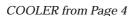
Although Internet use can cause abundant potential for danger, the educational benefits can't be denied.

"In this day and age most teachers use the Internet on a daily basis," said Department of Defense Schools teacher Carter Hoff. "The Internet can expose students to a vast range of information and experiences as well as promote interactive learning.

"Through the Internet, students can

communicate with other students anywhere in the world, allowing them to share experiences and differing viewpoints. The Internet also allows for frequent communication between parents and teachers, closing the gap between home and school."

Although a lot more sharks seem to swim around in the oceans of the Internet, the surfers there have plenty more than a wet suit for protection.



hopes to add Culligan crock pots to their inventory. The crock pots are Culligan water dispensers that can be purchased for about \$40, according to Mrs. Meyer. Because of the size, the crock pots are easy to maintain and dishwasher safe.

Although the Culligan man won't be delivering bottles to homes, AAFES has tried to make it as easy as possible for customers.

"The 5-gallon bottles of purified drinking water are easy for customers to obtain," Mrs. Meyer said. "They are offered at both the shoppette and Car Care Center." Bottles cost \$6.50 each plus a \$5 deposit. After the first bottle, the \$5 deposit will be credited with the return of the empty bottle.

AAFES also offers fluorinated drinking water which contains the recommended daily allowance of fluoride by the American Dental Association.

Offices who wish to participate in the Culligan water program can take advantage of a special AAFFES discount.

Any office wishing to use Culligan water will receive 10 percent off the regular price of all 5-gallon bottles and 10 percent off the purchase of any water cooler

For those offices not wishing to pur-

chase a cooler, regular rental charges will apply. Water can not be purchased using the government purchase credit card.

In addition to sales and rentals, AAFES offers a cooler cleaning service for \$15 per cleaning. Culligan water coolers should be cleaned every four to six months, while crock pots should be cleaned after the every 5-gallon bottle.

More information about Culligan products as we well as cooler cleaning instructions can be found at www.aafes.com/culligan/about.asp.

For more information on the water, call the shoppette at 535-3280.



## Advanced education fair scheduled for Thursday

By Staff Sgt. Marcus McDonald 65th ABW Public Affairs

Lajes Department of Defense ID cardholders have a chance to see what educational opportunities await them during an advanced education fair next week.

Representatives from each of the four colleges represented on base - Embry Riddle Aeronautical University, University of Maryland University College, University of Oklahoma and Central Texas College - and staff from the education center will be available Thursday from 11 a.m. to 1 p.m. outside the base commissary.

"Next week's education fair will give the Lajes community a chance to see what educational opportunities are available here," said Michael Schendel, 65th Mission Support Squadron Education and Training Flight chief.

"All of our college field representa-

tives will be on hand at the same convenient time and place to answer any questions you may have about furthering your education ... true onestop shopping," he said.

Advanced education provides many

benefits, Mr. Schendel explained.

"Furthering your education improves your skills on the job, increases your promotion opportunities, and gives you more qualifications for other employment within and outside the armed services," he said. "It also makes you a more knowledgeable and informed citizen."

Mr. Schendel encouraged maximum participation at the event.

"The education fair will help you get up-to-date information on education programs available to you here at Lajes," he said. "Don't miss this opportunity.'

For more information, call the base education center at 535-3355.

## Recycling Tips

## **Plastic**

Can Recycle - plastic bottles, jars, boxes and bags Can't Recycle - if they are greasy or were filled with chemical or hazardous materials

## Glass

Can Recycle - jars and bottles Can't Recycle - photos, plasticized paper, x-rays, waxed paper, toxic or hazardous materials packaging

Note: Recycling bins off base are color coded blue for paper, yellow for plastic and green for glass.





## Boys HS hoops team takes 4th in Mannheim tourney

By 1st Lt. Mike Hyland 65th ABW Pubilc Affairs

The Lajes High School boys basketball team finished fourth in the Department of Defense Schools European championships last weekend.

The team traveled to Mannheim, Germany, to compete against 10 other teams in the Division 4 tournament. Division 4 is composed of the smallest schools within DoDDs, ranging from 26 students to 150. Lajes High School had the third-smallest school in the division.

Coach Carter Hoff said Lajes played very while despite adverse conditions during their season play on Terceira.

"Coming from a small school without any regular season conference games, they played really well and were very impressive," he said. "This is the best team we've had at Lajes in a few years."

Lajes played a very young team, starting four freshmen throughout the tournament. Kyed Najdawi, one of those freshmen, received All Tournament Player honors.

"I thought I did pretty well all around," he said. "I just need to work on my post moves."

Najdawi said more important than his individual achievement, was the teams' success, especially in the victory over Incerlik High School.

"No one thought we were going to beat Incirlik," Najdawi said.

"My favorite part of the tournament was playing against Incirlik,' Freshmen player Terence Williams said. "They were the team to beat."

Coach Hoff said he heard going around that Incirlik would beat Lajes with the 40-point mercy rule in the first half. Lajes led at halftime by 10 and finished the game with 9-point

Najdawi, who is one of the team captains, said the most important part of the tournament was the teamwork and camaraderie all the players shared.

"We pulled together and played well as a team," he said. "I just had fun hanging out with the guys."

In the end, Coach Hoff said he was proud of the team and happy they had the opportunity to play in the tourna-

'This year's team surpassed the expectations of many, coming from such a small school with four freshman starters. The team worked during the season to improve basketball fundamentals and develop the character traits of teamwork - the tournament was the perfect setting to showcase their

skills," he said.

The coach added that he predicts even more success from the boys basketball team next year.

"Next year should be a promising season for Lajes. We'll return a solid core from a team that made great strides this season and will add new talent with incoming students. We've placed some pretty high standards on what we expect from ourselves next year and we are really going to have to work if we want to reach that level.'



Saturday - No-Tap Bowling (9 pins on 1st ball count as a strike): Guaranteed cash prizes for highest series and games for both men and women. Entry fee is \$15 per bowler.

March 10 - Project Cheer volleyball tournament

March 11 - Rumble on the Rock: Event will take place at the Community Activities Center. For more information, contact Capt. Chris Lance at 535-1151.

March 15 - St. Patrick's Day 5K Fun Run

## **April Events**

April 5 - Easter 5K Fun Run April 11 - Softball coaches

April 14 - Project Cheer flag football tournament

April 26 - Golf coaches meeting April 28 - Soccer coaches meeting

## **Group Fitness Class**

The following Group Fitness Classes are scheduled at the main fitness center:

#### Monday

8:30 a.m. -- Step with Celia Noon -- Spin with Tina

4:15 p.m. -- Cardio Mix with Manuela

5:15 p.m. -- Aero Kombat with Celia

6:15 p.m. -- Spin with Celia

6 a.m. -- Spin with Dawn 8:30 a.m. -- Circuit Training with Celia

5:15 p.m. -- Circuit Training with Rui

6:15 p.m. -- Spin with Rui

**Wednesday** 8:30 a.m. -- Step with Celia Noon -- Spin with Tina

4:15 p.m. -- Cardio Mix with Manuela

5:15 p.m. -- Step with Manuela

6:15 p.m. -- Spin with Georgina

Thursday

6 a.m. -- Spin with Dawn 8:30 a.m. -- Circuit Training

with Celia

5:15 p.m. -- Body Sculpting with Manuela

6:15 p.m. -- Spin with Manuela Friday

8:30 a.m. -- Spin with Celia Noon -- Spin with Tina

4:15 p.m. -- Cardio Mix with Manuela

5:15 p.m. -- Step with Celia 6:15 p.m. -- Spin with Celia

Saturday

10 a.m. -- Spin with Celia 11 a.m. -- Circuit Training/

Stretching with Rui





## Hours of operation Ocean Front BX (Bldg.

T-207) Phone: 535-3444

Monday-Wednesday 10 a.m. to 6 p.m.; Thursday-Saturday 10 a.m. to 8 p.m.; and Sunday 10 a.m. to 8 p.m.

**Flight View BX** (Bldg. T-627) Phone: 535-5236

Monday-Wednesday 10 a.m. to 6 p.m.; Thursday-Saturday 10 a.m. to 8 p.m., Sunday 10 a.m. to 5 p.m.

Main Street Shoppette (Bldg. T-323) Phone: 535-3280

Monday-Friday 7:30 a.m. to 11 p.m.; Saturday 9 a.m. to 11 p.m. and Sunday 10 a.m. to 8 p.m.

Military Clothing Sales Store (Bldg. T-627) Phone: 535-3816

Sunday-Monday closed Tuesday - Saturday 10 a.m. to 6 p.m.

Car Care Center (Bldg. T-320) Phone: 535-5125 Sunday 10 a.m. to 5 p.m. Monday-Saturday 10 a.m.

to 6 p.m. Reel Time Theater

(Bldg. T-300) Phone: 535-4100

Showings Wednesday-Sunday

**Beauty Shop** (Bldg. T-400) (Walk-In Available) Phone: 535-4124

Sunday-Monday closed Tuesday-Saturday 10 a.m. to 6 p.m.

**Barber Shop** (Bldg. T-400) Phone: 535-3396

Sunday and Monday closed; Tuesday-Friday 10 a.m. to 6 p.m.; Saturday 9 a.m. to 5 p.m.

**New Car Sales** (Bldg. T-202) Phone: 535-3173

Monday-Wednesday 10 a.m. to 6 p.m.; Thursday-Friday noon to 8 p.m.

**Air Terminal Gift Shop** (Bldg. T-612) Phone: 535-3227

Open for all arrivals and departures

**AAFES Administrative Offices** (Bldg. T-800) Phone: 535-3209

Monday-Friday 8 a.m. to p.m.

**Ilha Rent-a-Car** (Bldg. T-207) Phone: 535-1278 Sunday closed; Monday-Saturday 9 a.m. to 6 p.m.

Frank's Franks (Bldg.

T-207) Phone: 535-1123 Monday-Sunday 11 a.m. to 6 p.m.

Vescovi Coffee Shop (Bldg. T-207) Phone: 535-1123

Monday-Sunday 7 a.m. to 6 p.m.

**Burger King** (Bldg. T-169) Phone: 535-3849

Monday-Thursday 7 a.m. to 9 p.m.; Friday-Saturday 7 a.m. to 11 p.m.; and Sunday 8 a.m. to 9 p.m.

AAFES Ocean View BX and Flight View BX are open on Portuguese Holidays from 10 a.m. to 5 p.m., except the Main Street Shoppette, which is open 10 a.m. to 8 p.m. All facilities are open normal hours on U.S. Holidays.

## Tradewinds Dining Facility Menu

Today

Lunch: Mexican Baked Chicken,\* Swiss Steak with Tomato Sauce, Stuffed Green Pepper

Dinner: Lasagna,\* Speghetti, Italian Sausage

Saturday

Brunch: Črispy Baked Chicken,\* Cajun Meatloaf, Ribeye Steak

Dinner: Fish Almondine, Stir Fry Chicken with Broccoli,\* Pork Chops with Mushroom Gravy

**Sunday** Brunch: Tuna and Noodles, Sauerbraten, Chicken Breast Parmesan\*

Dinner: Ginger BBQ Chicken,\* Fried Shrimp, Spinach Lasagna\*

Monday

Lunch: Świss Steak with Tomato Sauce, Baked Chicken,\* Sweet Italian Sausage

Dinner: Roast Turkey,\* Baked Ham, Fish and Chips **Tuesday** 

Lunch: Önion-Lemon Baked Fish,\* Pork Schnitzel, Yakisoba

Dinner: Paprika Beef,\* BBQ Beef Cubes, Chicken Fajitas

Wednesday

Lunch: THerbed Baked Chicken,\* Beef Porcupines, Chicken Enchiladas

Dinner: Pita Pizzas,\* Country Style Steak, Fried Chicken

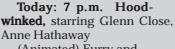
Thursday

Lunch: Mexican Meal: Spanish Soup, Mexican Chicken, Mexican Pork Chops, Chicken Enchiladas, Mexican Rice, Refried Beans and Cheese, Mexican Corn, Spanish Style Beans, Peas with Onions Dinner: Mr. Z's Baked Chicken,\* Pepper Steak, Pasta Primavera

\*Denotes Healthy Heart item Menu subject to change

Note: The Tradewinds will extend its dinner hours to 8 p.m. through March 13.

## At the Movies



(Animated) Furry and feathered cops from the animal world investigate a domestic disturbance at Granny's cottage, involving a girl, a wolf and an axe. Rated PG (action and thematic elements) 83 min

Today 10 p.m. Grandma's Boy, Starring Alen Covert, Peter Dante

By day, 35-year-old Alex is the world's oldest video game tester, but by night he is privately developing the next big game for the X-Box generation. When one of his roommates spends all the rent money, Alex is kicked out of his apartment, and finds himself forced to live with his grandmother and her friends Grace and Bea. Rated R (drug use, language, crude and sexual humor) 96 min

Saturday: 7 p.m. Casanova, starring Heathe Ledger, Sienna Miller)

When Giacomo Casanova discovered Francesca Bruni, he met his ultimate romantic match, succumbing to the only



woman ever to refuse his charms--until he could prove himself to be the one man worthy of her romantic ideals. Not only a dashing rebel and wit, Casanova is also a vulnerable man who is chasing after love as Bishop Pucci of the Inquisition chases after him. Rated R (sexual content) 108 min

Sunday: 2 p.m. - Hoodwinked, 7 p.m. -Grandma's Boy Wednesday: 7 p.m. -Casanova Thursday: 7 p.m. -

Grandma's Boy

Next week: Hostel; The Last Holiday, Pride and Prejudice

Movies subject to change. For updated listings, call 535-3302. For more information on ratings, visit www.aafes.com. Submission deadline is Thursday one week prior to publication. E-mail announcements in normal text with event, location, date, time, point of contact's full name and phone number/e-mail address to <code>news@lajes.af.mil.</code> For on-base numbers, dial 295-57 and the last four digits.

#### **Miscellaneous**

Post Office Closed: The Post Office will be closed this weekend in order to paint the lobby area. The entire lobby will close today at 5:30 p.m. and open Monday at 10 a.m.

Extended Tradewinds Dinner Hours: The Tradewinds will be extending the dinner hours through March 13. The facility will be open from 4 to 8 p.m. on a trial basis.

**Second Home Buying Class:** Due to popular demand, the family support center has added a second home buying class. The class will run on March 31 from 3 to 5 p.m at the FSC. To sign up for one of the six open slots, contact the FSC at 535-4138.

#### **Combat Education**

**Education Office relocated:** The Education Office has moved to building T-146.

Needs assessment: The Lajes Education Center will conduct a Needs Assessment Monday to March 10 for members of the Lajes community. The Needs Assessment is an important tool used to determine whether additional college degree program offerings are required at Lajes, or if some of the college programs currently offered at Lajes are no longer needed.

The link to the Needs Assessment is located on the first page of Air Force Virtual Education Center web site in the Air Force Portal at: https://rso.my.af.mil/afvec or through the Air Force Portal at https://www.my.af.mil under "Featured Links."

Hard copies of the Needs Assessment will be available Monday at the customer service desks at the Lajes Base Library, Family Support Center, and the Advancement and Career Education Center for individuals without access to the Air Force Portal. For more information, call Mike Schendel at 535-3355.

**Central Texas College:** Central Texas College is offering onsite Criminal Justice classes Court Systems and Practices and Crime in America in term 4. Registration begins March 6 for current students and March 13-24 for new students. Classes begin March 27 and run through May 19.

Registration is also being offered for distance learning classes beginning March 27. Registrations must be completed by March 6 for all distance learning classes.

For more information, contact your local program manager at 535-6722.

Oklahoma University classes: The Masters of Human Relations degree program with University of Oklahoma is a 36 credit hour, nonthesis degree that can be completed within 16-24 months.

Come visit OU in their new location, building T-146, room 214. For details, call 535-3171.

#### Jobs/Volunteer

Services vacancies: The 65th Services Squadron vacancy listing is available at the Human Resources Office in building T-112 between 9 a.m. and 4 p.m. Monday through Friday. For details, call 295-575-200 or 535-5200.

There is an immediate opening for a motivated and enthusiastic individual to run Customer College and administer the Services Squadron Training Program. Closing date is Tuesday.

Assistant center director: Embry-Riddle is currently seeking a temporary part-time assistant center director for Lajes Field Teaching Site. Application deadline is Thursday. To request an application or for further information, please contact Terra Schellig at 295-57-3375, or 535-3375.

Auto mechanic wanted: The Auto Hobby Shop is looking for an experienced auto mechanic to teach classes. For more information, call Victor Silva at 535-4140.

First Aid volunteers: The American Red Cross is looking for volunteers to teach First Aid to children at Lajes Elementary School. Anyone interested can contact the American Red Cross office at 295-573-516.

### **Combat Touch**

Stations of the Cross followed by a "meager meal: today - April 7 at the Confirmation chapel: Mass (No Sunday Mass March 5): 5 p.m. Saturday at the chapel; Catholic Women of the Chapel Mass and Dinner: 6 p.m. Wednesday at chapel; Protestant Women of the Chapel Fellowship Time: 7 p.m. March 13 at the chapel; Catholic Men of the Chapel Mass and Dinner: 6 p.m. March 15 at the chapel; PWOC **Spring Retreat:** March 17 19; New Creation Cafe: 7 p.m. March 17 at Eddie's Place; Mens's Spiritual Leadership Training/ Breakfast: 8 a.m. March 18 at the chapel; SUM Dinner: 5:30 p.m. March 23 at the chapel; Children and Youth **Movie Night:** 7 p.m. March 24 at the chapel; **Little Flow**ers Girls' Club: 3 p.m. March 27; For more information on any of these activities, call 535-4211.

## **DoDDS**

Parent Forums: Lajes Elementary School Principal, Mr. John Allan, and Lajes High School Principal, Ms. Ginny Briggs have a forum once a month to meet with parents to talk about what the schools can do to better support the students here at Lajes. All parents with children enrolled in either school are invited to attend either upcoming forum. They are 11:30 a.m. to 12:30 p.m. March 29 and April 27.

Certified Teachers: DoDDs is looking for certified teachers. Interested individuals can stop by the Elementary School Office or call 535-3491.

#### Services

Oceanview Island Grill: The Oceanview Island Grill will be closed Monday for maintenance. New menu items have been added. They are spaghetti ice, cinnamon rolls, calzones and bacon bread.

## **Project CHEER**

**Karaoke**, 8 p.m. Thursday at the TORC; **SUM Movie Night:** March 6 at the Community Activities Center, 7 p.m.

Lajes Idol Quatro/ USAFE Idol 2006 is scheduled for March 18 at the TORC ballroom. Additional seating will be provided in the enlisted lounge with event footage broadcasted by a projector. For more information, call Capt. Ted West at 535-7272 or theodore.west@lajes.af.mil.

## Classifieds

E-mail ads to news@lajes.af.mil. Ads are due by 5 p.m. Friday. Please remember to notify the Crossroads when items have been sold.

For sale: Power Wheels 4 wheeler. used only a few times. comes with charger. \$90 or best offer. Call 295-549-682

Free to good home. An island puppy four months old. We fostered him back to health after being found on the side of the road. He is current on all shots except rables which he is due for on March 1. He is very sweet and lovable and crate trained. Please call 295-902-012 after 6 p.m. and ask for Christie.

Commuter: Looking for carpool from Biscoitos or *Quatro Ribeiras* to base (7:30 a.m.) and base to Biscoitos (5 p.m.) Monday-Friday. We can work out limes and days if interested. Call Jeff at 967847479

For sale: 2005 Mini Cooper S, 3,800 miles, 163 hp Supercharged 4-cyl, 6-speed manual transmission, \$25,000 or best offer. Call 295-549-235 or E-mail as2807444@sapp.pt

For sale: Presto Hot Air Popcorn Maker, never opened, comes with two pounds of popping corn, \$15; Surefit Sofa Cover, neutral color, never used, \$75; Graco Travel System, comes with car seat, stroller, and base, \$80; Fisher Price 3-Stage Piano, ages 0 - 12 months, \$10; Graco Portable Swing, up to 22 lbs., \$35; Fisher Price Intellitainer, teaches numbers, letters and music, ages 5 months and up, \$50; -Bottle Sterilizer, for wide and

regular bottles, used once, \$35; EvenFlo Breast Pump, battery or electric powered, \$25; Call Josh or Nora at 295-549-601 For Sale: Entertainment Center, almost

For Sale: Entertainment Center, almost brand new and in box, \$70; Wooden bookshelf, \$30. If interested please call 295-549-794.

Wanted: Looking for a nice rocking chair to buy. If you would like to sell one or know where to get one, please call 295-549-650 after 5 p.m.

Babysitting on weekend nights; will babysit 3 years of age or higher; I am 14 and have taken the babysitter course for CPR/ first aid: I have experience with children; if interested, call Brandon at 295-549-579